

# SARAH YOUNG

SAG-E

[IMSARAHYOUNG.COM](http://IMSARAHYOUNG.COM)

[SARAHCATHERINEYOUNG@GMAIL.COM](mailto:SARAHCATHERINEYOUNG@GMAIL.COM)



THEATRICAL



MANAGER



COMMERCIAL

## TV / FILM (partial list)

Ladies Room	Lead	Dir. Christine Gignac Unreasonable Studios
One Another	Lead	Dir. Stephanie Saavedra
Send Off	Lead	Dir. Melody Mohktarian
Zed-Stuy	Supporting	Dir. Devan Gallagher
Dying is Fine	Supporting	Dir. Caroline Rugo
The Dejects	Lead	Dir. Robert Rayher

## IMPROV / SKETCH (partial list)

Sketch Cram	Sketch	Upright Citizens Brigade NY
Fully Floral – BoogieManja Team	Sketch	People's Improv Theater
Helvetica – BoogieManja Team	Sketch	People's Improv Theater
Dumb Dumb Girls	Improv/Sketch	People's Improv Theater
Terrorbird	Sketch	People's Improv Theatre
The Network Suits	Sketch	People's Improv Theater

## THEATRE (partial list)

Ms. Steven's English Class Project 1984	Megan	People's Improv Theatre
Leftovers	The Young Comrade	Reckless Theatre
	Pumpkin Pie	Littlefield TinyRhino

## COMMERCIAL / VO

Conflicts avail. upon request

## TRAINING

ADVANCED INTENSIVE  
SCENE STUDY

MARGIE HABER STUDIOS - JIM NIEB  
ATLANTIC STUDIO - SAM GONZALES, DANNY ROCCO  
U. MICH - GILLIAN EATON, LEIGH WOODS  
ANTHONY ABESON STUDIOS  
JAMES REES STUDIO

ACTING FOR THE CAMERA

U. MICH - ROBERT RAYHER, JIM BERNSTEIN,  
PAM RACK-GUEST

COMMERCIAL

BROOKE THOMAS, MARY EGAN CALLAHAN,  
STACY GALLO, PHIL CASESE

VOICEOVER

ED LEWIS

IMPROV/CHARACTER

UCB - MATT NEWELL, MARY HOLLAND, JACKIE JENNINGS,  
ALEX DICKSON, NICOLE DRESPELL, ZACK WILLIS,  
JAMES DWYER, SARAH SMALLWOOD PARSONS

## SPECIAL SKILLS

Elementary American Sign Language, comedic improvisation, sketch writing, character writing and performing, singing (alto), whistling, kickboxing, boxing, softball, diving, can recite majority of Periodic Table of Elements, valid driver's license, valid passport, background work